LAURIES SESAME GARLIC DIP

6/8/2006

Nutrition Facts

Serving Size 1 tsp dry (1.4g)
Servings Per Container about 16

Amount Per Serving	
Calories 5	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 25mg	**1%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 0g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

INGREDIENTS: Dehydrated onion and garlic, sesame seeds, autolyzed yeast extract, spices, maltodextrin, salt, disodium inosinate and disodium guanylate, food starch-modified, whey, nonfat milk, natural flavor, silicon dioxide, lactic acid.

LAURIE'S GUACAMOLE

6/8/2006

Nutrition Facts

Serving Size 1 tsp dry (1.6g)
Servings Per Container about 16

Amount Per Serving	
Calories 5	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 65mg	**3%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 0g	**0%**
Sugars 1g	
Protein 0g	

Vitamin A 2% • Vitamin C 2%
Calcium 0% • Iron 0%

INGREDIENTS: Dehydrated onions, corn, tomatoes and jalapenos, maltodextrin, dextrose, salt, spices, citric acid, extractives of cilantro and not more than 2% tricalcium phosphate added to prevent caking.

Nutrition Facts

Serving Size 2 tsp. dry mix (8g)
Servings Per Container about 10

Amount Per Serving	
Calories 25	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	19%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 0g	

Vitamin A 2% • Vitamin C 2%
Calcium 2% • Iron 2%

PUTTANESCA SAUCE

2/27/2008

INGREDIENTS: Ingredients: Sugar, salt, maltodextrin, dehydrated onion, garlic and black olives, garlic and onion powder, spices, hydrolyzed corn wheat gluten soy protein, corn starch, rendered chicken fat, turmeric (color), spice extractive.

CHILI ROJO SAUCE MIX

2/27/2008

Nutrition Facts

Serving Size 2 Tbsp. dry mix (14g)
Servings Per Container about 8

Amount Per Serving	
Calories 50	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	

Vitamin A 15% • Vitamin C 4%
Calcium 2% • Iron 4%

INGREDIENTS: Maltodextrin, New Mexico Chili peppers and other spices, enriched wheat flour (malted barley flour, niacin, iron, thiamin mononittate, riboflavin, folic acid), tomato powder, hydrolyzed soy protein, dehydrated garlic, rendered chicken fat, onion powder, beef fat [(corn syrup solids, sodium caseinate (a milk derivative), mono and diglycerides), sugar, yeast extract, silicon dioxide (anti-caking), citric acid. Allergens: Contains Soy, Wheat and Milk products.

Nutrition Facts

Serving Size 1 cup (227g)
Servings Per Container about 4

Amount Per Serving	
Calories 110	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	18%
Total Carbohydrate 17g	6%
Dietary Fiber less than 1 gram	2%
Sugars 0g	
Protein 2g	

Vitamin A 20% • Vitamin C 2%
Calcium 2% • Iron 2%

CREAMY CHICKEN W/ RICE REVISED

12/6/2006

INGREDIENTS: Long grain white and wild rice, food starch-modified, soybean oil, dehydrated carrots and onions, corn syrup solids, salt, chicken powder, maltodextrin, hydrolyzed corn soy wheat gluten protein, rendered chicken fat, autolyzed yeast extract, xanthan gum, sodium caseinate (a milk derivative), onion and garlic powder, spice, mono and diglycerides, disodium inosinate and disodium guanylate, dipotassium phosphate, turmeric (color), silicon dioxide, soy lecithin, natural flavor. ALLERGENS: Contains Soy, Milk, and Wheat Products.

Nutrition Facts

Serving Size 1 CUP (226g)
Servings Per Container about 5

Amount Per Serving	
Calories 80	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 670mg	**28%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 2g	**8%**
Sugars 3g	
Protein 2g	
Vitamin A 25% •	Vitamin C 10%
Calcium 8% •	Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

TORTILLA SOUP MIX

6/12/2009

INGREDIENTS: Corn flour, maltodextrin, chicken base (salt, sugar, chicken fat, maltodextrin, hydrolyzed corn, wheat gluten, soy protein, onion and garlic powders, jalapeno powder, disodium inosinate and guanylate and not more than 2% tricalcium phosphate added toprevent caking.

Nutrition Facts

Serving Size 1 Tbsp. dry mix (10g)
Servings Per Container about 8

Amount Per Serving	
Calories 30	Calories from Fat 0
	%Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	20%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 1g	

Vitamin A 2%	•	Vitamin C 2%
Calcium 0%	•	Iron 2%

WHITE WINE GARLIC

2/27/2008

INGREDIENTS: Hydrolyzed corn protein, garlic powder, corn starch,wheat flour bleached(malted barley flour, niacin, iron, thiamin mononitrate, folic acid, riboflavin), natural butter flavor (whey, butter oil, corn syrup solids, salt, guar gum, annatto and turmeric), dehydrated garlic, chablis wine powder (maltodextrin, corn starch, corn syrup, chablis wine solids, citric aicd, natural flavor, sorbic acid, and sulfur dioxide), spices, salt, silicon dioxide (anti-caking). This Product contains Wheat and Milk Products. Contains Sulfites.

GARLIC JALAPENO CHEESEBALL

1/12/2007

Nutrition Facts

Serving Size 2 tsp dry (2.5g)
Servings Per Container about 32

Amount Per Serving	
Calories 10	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 0g	

Vitamin A 2% • Vitamin C 6%
Calcium 0% • Iron 0%

INGREDIENTS: Packet 1: Dehydrated onion, green chile and bell pepper, maltodextrin, dextrose, onion and garlic powder, salt, yeast extract, vinegar powder (maltodextrin, food starch-modified and vinegar), jalapeno powder, spice, extractives of paprika and not more than 2% silicon dioxide added to prevent caking. Packet 2: Soybeans, parsley, spice, caramel color. Contains Soy Products.

Nutrition Facts

Serving Size 1 tsp. (2.0g)
Servings Per Container about 32

Amount Per Serving	
Calories 5	Calories from Fat 0
	%Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	

Vitamin A 4% • Vitamin C 0%
Calcium 0% • Iron 0%

GARDEN VEGETABLE CB

1/12/2007

INGREDIENTS: Maltodextrin, dehydrated onions, carrots, garlic and celery, soybeans (caramel color), salt, spices, sugar, yeast extract, cilantro.

LAURIE'S SWEET PEPPER JELLY CHEESEBALL

6/8/2006

Nutrition Facts

Serving Size 3/4 tsp dry (3.0g)
Servings Per Container about 16

Amount Per Serving	
Calories 10	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 10mg	**0%**
Total Carbohydrate 3g	**1%**
Dietary Fiber 0g	**0%**
Sugars 2g	
Protein 0g	

Vitamin A 6% • Vitamin C 4%

Calcium 0% • Iron 0%

INGREDIENTS: PACKET 1: Sugar, vinegar powder (maltodextrin, food starch-modified and vinegar), dehydrated bell peppers and jalapeno, sodium diacetate, silicon dioxide, extractives of paprika.PACKET 2: Chili Peppers, paprika, maltodextrin.

Nutrition Facts

Serving Size 1 cup (227g)
Servings Per Container about 4

Amount Per Serving	
Calories 130	Calories from Fat 40
	%Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	20%
Total Carbohydrate 19g	6%
Dietary Fiber less than 1 gram	3%
Sugars 2g	
Protein 3g	
Vitamin A 0% •	Vitamin C 10%
Calcium 4% •	Iron 4%

BAKED POTATO SEAS. LS

12/6/2006

INGREDIENTS: Dehydrated potatos, onions and bell peppers, enriched wheat flour (malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), soybean oil, corn syrup solids, food starch-modified, nonfat dry milk, salt, parmesan cheese(pasteurized cow's milk, cheese culture, salt and enzymes), sodium caseinate (a milk derivative), sugar, mono and diglycerides, natural flavors, spices, garlic and onion powder, dipotassium phosphate, disodium inosinate and disodium guanylate,rendered chicken fat, maltodextrin, silicon dioxide,soy lecithin, hydrolyzed corn soy wheat gluten protein, turmeric.
ALLERGENS: Contains Milk, Soy and Wheat Products.

Nutrition Facts

Serving Size 1 cup (227g)
Servings Per Container 4

Amount Per Serving	
Calories 180	Calories from Fat 50
	% Daily Value*
Total Fat 6g	**9%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 65mg	**21%**
Sodium 480mg	**20%**
Total Carbohydrate 10g	**3%**
Dietary Fiber less than 1 gram	**2%**
Sugars 1g	
Protein 22g	

Vitamin A 20% • Vitamin C 15%
Calcium 4% • Iron 15%

KC STEAK SOUP - LS

12/6/2006

INGREDIENTS: Dehydrated potatoes, carrots, green beans, bell peppers, onions and peas, food starch-modified, enriched wheat flour (malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), hydrolyzed soy protein, autolyzed yeast extract, tomato powder, salt, onion and garlic powder, sugar, spices, silicon dioxide, beef extact, powdered beef fat [corn syrup solids, sodium caseinate (a milk derivative), mono and diglycerides], caramel color, xanthan gum, disodium inosinate and disodium guanylate, natural flavors. ALLERGENS: Contains Soy, Milk and Wheat Products.

Nutrition Facts

Serving Size 3 Tbsp. dry (27g)
Servings Per Container about 4

Amount Per Serving	
Calories 70	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 820mg	**34%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 3g	**11%**
Sugars 5g	
Protein 4g	

Vitamin A 20% • Vitamin C 60%
Calcium 2% • Iron 8%

MESA FUNDRAISE

2/7/2007

INGREDIENTS:

LAURIE'S KITCHEN CUCUMBER ONION DIP MIX

6/8/2006

Nutrition Facts

Serving Size 1 tsp. dry (1.6g)
Servings Per Container about 16

Amount Per Serving	
Calories 5	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 0g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

INGREDIENTS: Dehydrated onion and garlic, dextrose, salt, sugar, artificial cucumber flavor, dill weed and not more than 2% tricalcium phosphate added to prevent caking.

Delisheries

Gourmet Baking Mixes

Delisheries Instant Cheesecake Concentrate Filling

Product Description: Delisheries Cheesecake Concentrate Filling is a well-balanced, uniquely rich, creamy cheese filling for pies, tarts and other desserts. Just add milk and sugar! It has a heavy body and smooth texture with a bright, uniform, eye-appealing color. Royal Cheesecake Filling is virtually fail-safe with good mixing tolerance. You get delicious cheesecake in just 10 minutes in the kitchen, one hour in the refrigerator.

Ingredients: Skim Milk, Buttermilk, Food Starch Modified, Partially Hydrogenated Soybean And/Or Cottonseed Oil, Sugar, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Corn Syrup Solids, Contains Less Than 2% of the Following: Sodium and Calcium and Potassium Phosphates (Stabilizers), Lactose (Milk), Glycerol Lacto Esters of Fatty Acids and Mono- and Diglycerides (Milk) and Soy Lecithin (Emulsifiers), Sodium Caseinate (A Milk Protein), Natural and Artificial Flavor, Salt, Citric and Lactic Acids (For Tartness), Sodium Carboxymethylcellulose (For Dispersibility), Yellow 5, Yellow 6

Directions: 9.12oz Package-Pour contents of package into mixer bowl. Add one scant cup of sugar to mixer bowl and mix on medium speed for one minute. Pour three cups of milk into mixer bowl and using wire whip attachment, mix on medium speed for one minute. Scrape down sides of bowl and mix on medium speed 2 minutes. Immediately portion into prepared crust. Chill at least 1 hour prior to serving.

Packaging: 9.12oz (258g)

Yields: About 12 servings.

Kosher: OU-D

Allergens: Contains Dairy and Soy

Storage Recommendations:
Prior to preparation, this product will be stable for up to 24 months when stored in a cool, dry place.

Acceptable Claims:
Contains No Wheat or Corn Gluten

Nutrition Facts

Serving Size 1/4 cup dry mix (22g)
Servings Per Container 12

Amount Per Serving	dry mix	1/2 cup filling prepared with whole milk and sugar
Calories	90	200
Calories from Fat	25	40
		% Daily Value**
Total Fat 2.5g*	4%	7%
Saturated Fat 1.5g	8%	13%
Trans Fat 0.5g		
Cholesterol 5mg	2%	3%
Sodium 280mg	12%	13%
Total Carbohydrate 13g	4%	11%
Dietary Fiber 0g	0%	0%
Sugars 9g		
Protein 3g		
Vitamin A	0%	2%
Vitamin C	0%	0%
Calcium	15%	20%
Iron	0%	0%

*Amount in dry mix. 1/2 cup filling prepared with whole milk and sugar contributes an additional 110 Calories (15 Calories from Fat), 2 g Total Fat (1 g Saturated Fat, 0.5 g Trans Fat), 5 mg Cholesterol, 20 mg Sodium, 20 g Total Carbohydrate (20 g Sugars), 2 g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

05/01/08

Delisheries

Gourmet Baking Mixes

Delisheries Instant Chocolate Cheesecake Concentrate Filling

Product Description: Delisheries Instant Chocolate Cheesecake Concentrate Filling is a well-balanced, uniquely rich, creamy cheese filling for pies, tarts and other desserts. Just add milk and sugar! It has a heavy body and smooth texture with a bright, uniform, eye-appealing color. Royal Cheesecake Filling is virtually fail-safe with good mixing tolerance. You get delicious cheesecake in just 10 minutes in the kitchen, one hour in the refrigerator.

Ingredients: Skim Milk, Buttermilk, Food Starch Modified, Partially Hydrogenated Soybean And/Or Cottonseed Oil, Sugar, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Corn Syrup Solids, Contains Less than 2% of the Following: Sodium and Calcium and Potassium Phosphates (Stabilizers), Lactose (Milk), Glycerol Lacto Esters of Fatty Acids and Mono-and Diglycerides (Milk) and Soy Lecithin (Emulsifiers), Sodium Caseinate (A Milk Protein), Natural and Artificial Flavor, Salt, Citric and Lactic Acids (For Tartness), Sodium Carboxymethylcellulose (For Dispersibility), Red 40, Yellow 5, Blue 1, Yellow 6.

Directions: 9.12oz Package-Pour contents of package into mixer bowl. Add one scant cup of sugar to mixer bowl and mix on medium speed for one minute. Pour three cups of milk into mixer bowl and using wire whip attachment, mix on medium speed for one minute. Scrape down sides of bowl and mix on medium speed 2 minutes. Immediately portion into prepared crust. Chill at least 1 hour prior to serving.

Packaging: 9.12oz (258g)

Yields: About 12 servings.

Kosher: OU-D

Allergens: Contains Dairy and Soy

Storage Recommendations:
Prior to preparation, this product will be stable for up to 24 months when stored in a cool, dry place.

Acceptable Claims:
Contains No Wheat or Corn Gluten

Nutrition Facts

Serving Size 1/4 cup dry mix (22g)
Servings Per Container 12

Amount Per Serving	Dry Mix	1/2 Cup Filling Prepared with Whole Milk and Sugar
Calories	90	200
Calories from Fat	25	40
		% Daily Value**
Total Fat 2.5g*	4%	7%
Saturated Fat 1.5g	8%	13%
Trans Fat 0.5g		
Cholesterol 5mg	2%	3%
Sodium 260mg	12%	13%
Total Carbohydrate 13g	4%	11%
Dietary Fiber 0g	0%	0%
Sugars 9g		
Protein 3g		
Vitamin A	0%	2%
Vitamin C	0%	0%
Calcium	15%	20%
Iron	0%	0%

*Amount in Dry Mix. 1/2 Cup Filling Prepared with Whole Milk and Sugar contributes an additional 110 Calories (15 Calories from Fat), 2 g Total Fat (1 g Saturated Fat, 0.5 g Trans Fat), 5 mg Cholesterol, 30 mg Sodium, 19 g Total Carbohydrate (20 g Sugars), 2 g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

05/01/08

Delisheries

Gourmet Baking Mixes

Delisheries Instant Strawberry Cheesecake Concentrate Filling

Product Description: Delisheries Instant Strawberry Cheesecake Concentrate Filling is a well-balanced, uniquely rich, creamy cheese filling for pies, tarts and other desserts. Just add milk and sugar! It has a heavy body and smooth texture with a bright, uniform, eye-appealing color. Royal Cheesecake Filling is virtually fail-safe with good mixing tolerance. You get delicious cheesecake in just 10 minutes in the kitchen, one hour in the refrigerator.

Ingredients: Skim Milk, Buttermilk, Food Starch Modified, Partially Hydrogenated Soybean And/Or Cottonseed Oil, Sugar, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Corn Syrup Solids, Contains Less Than 2% of the Following: Sodium and Calcium and Potassium Phosphates (Stabilizers), Lactose (Milk), Glycerol Lacto Esters of Fatty Acids and Mono- and Diglycerides (Milk) and Soy Lecithin (Emulsifiers), Sodium Caseinate (A Milk Protein), Natural and Artificial Flavor, Salt, Citric and Lactic Acids (For Tartness), Sodium Carboxymethylcellulose (For Dispersibility), Red 40.

Directions: 9.12oz Package-Pour contents of package into mixer bowl. Add one scant cup of sugar to mixer bowl and mix on medium speed for one minute. Pour three cups of milk into mixer bowl and using wire whip attachment, mix on medium speed for one minute. Scrape down sides of bowl and mix on medium speed 2 minutes. Immediately portion into prepared crust. Chill at least 1 hour prior to serving.

Packaging: 9.12oz (258g)

Yields: About 12 servings.

Kosher: OU-D

Allergens: Contains Dairy and Soy

Storage Recommendations:
Prior to preparation, this product will be stable for up to 24 months when stored in a cool, dry place.

Acceptable Claims:
Contains No Wheat or Corn Gluten

Nutrition Facts

Serving Size 1/4 cup dry mix (22g)
Servings Per Container 12

Amount Per Serving	dry mix	1/2 cup prepared with whole milk and sugar
Calories	90	200
Calories from Fat	25	40
		% Daily Value**
Total Fat 2.5g*	4%	7%
Saturated Fat 1.5g	8%	13%
Trans Fat 0.5g		
Cholesterol 5mg	2%	3%
Sodium 280mg	12%	13%
Total Carbohydrate 13g	4%	11%
Dietary Fiber 0g	0%	0%
Sugars 9g		
Protein 3g		
Vitamin A	0%	2%
Vitamin C	0%	0%
Calcium	15%	20%
Iron	0%	0%

*Amount in dry mix. 1/2 cup prepared with whole milk and sugar contributes an additional 110 Calories (15 Calories from Fat), 2 g Total Fat (1 g Saturated Fat, 0.5 g Trans Fat), 5 mg Cholesterol, 20 mg Sodium, 20 g Total Carbohydrate (20 g Sugars), 2 g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

05/01/08

Nutrition Facts

Serving Size 3 Tbsp. dry mix (29g)
Servings Per Container about 8

Amount Per Serving	
Calories 110	Calories from Fat 15
	%Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 150mg	**6%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 2g	**7%**
Sugars 16g	
Protein 2g	

Vitamin A 2% • Vitamin C 0%
Calcium 6% • Iron 6%

FRENCH SILK PIE MIX

10/31/2008

FRUIT COBBLER_Ingred 991

INGREDIENTS: Sugar, enriched wheat flour (malted barley flour, iron, thiamin mononitrate, riboflavin, folic acid), nonfat dry milk, dehydrated whole eggs, corn starch, leavening (sodium acid pyrophosphate, sodium bicarbonate, corn starch and monocalcium phosphate), spices, salt, lemon juice powder (corn syrup solids, lemon juice and lemon oil), silicon dioxide (anti-caking), malic acid. Allergens: Contains Wheat Products.

Nutrition Facts

Serving Size Dry mix only (48g)
Servings Per Container about 8

Amount Per Serving

Calories 180	Calories from Fat 5
	% Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 15mg	**5%**
Sodium 180mg	**8%**
Total Carbohydrate 42g	**14%**
Dietary Fiber less than 1g	**3%**
Sugars 28g	
Protein 3g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 6%	•	Iron 6%

Fruit Cobbler #991

FRUIT_CRISP_Ingred 992

INGREDIENTS: Sugar, wheat flour bleached (malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), brown sugar, oats, corn starch, spices, salt, lemon juice powder (corn syrup solids, lemon juice and lemon oil), xanthan gum, silicon dioxide (anti-caking), malic acid.

Nutrition Facts

Serving Size 1/4 cup dry mix (51g)
Servings Per Container about 8

Amount Per Serving

Calories 190	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Total Carbohydrate 46g	**15%**
Dietary Fiber 1g	**4%**
Sugars 31g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 2%	•	Iron 6%

Fruit Crisp #992

LAURIE'S CHIPOTLE DIP (NATURAL) 957

INGREDIENTS: Dehydrated Vegetables (including Bell Pepper, Green Chile, and Garlic), Maltodextrin, Spices (including Chili Pepper), Sugar, Salt, Citric Acid, Natural Hickory Smoke Flavor, Tabasco Powder (Vinegar, Red Pepper, Salt), Yeast Extract and not more than 2% Tricalcium Phosphate added to prevent caking.

Nutrition Facts

Serving Size 2 tsp dry mix (2.0g)
Servings Per Container about 14

Amount Per Serving

Calories 5	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Sodium 45mg	**2%**
Total Carbohydrate 1g	**0%**
Protein 0g	

Vitamin A 8% • Vitamin C 20%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, sugars, calcium, and iron.

Chipotle Dip #957